

DUDDON DASH

SEDBERGH



SHUTTINGSLOE

ROSSENDALE

English Junior Fell Running Club Championships

2024

~~~ **U13 Girls** ~~~

**1st**

**Ambleside AC**

WEAVER HILLS

CLWYDIAN HILLS

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The layout is designed to fit an 8" x 6" picture frame. Trim just above the dotted line for 6" height.

There are central marks .. and || , top and bottom respectively to help measure the required width on A4; 4" on either side.