

SEDBERGH

ESK VALLEY



EDALE

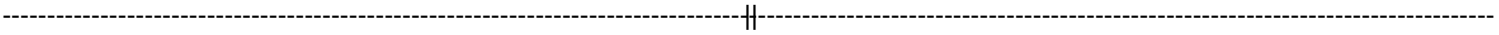
OGDEN WATER

FRA Challenge
2026

Helm Hill Runners

CLOUGH A PIKE

WHINLATTER



The layout is designed to fit an 8" x 6" picture frame. Trim just above the dotted line for 6" height.
There are central marks .. and || , top and bottom respectively to help measure the required width on A4; 4" on either side.

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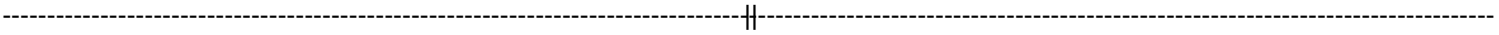
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Helm Hill Runners

Jesse Bibby

CLOUGH PIKE

WHINLATTER



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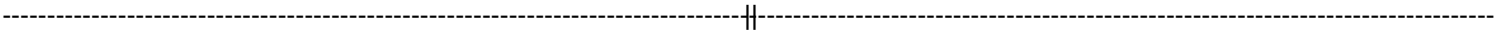
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Helm Hill Runners

Lockie Bibby

CLOUGHA PIKE

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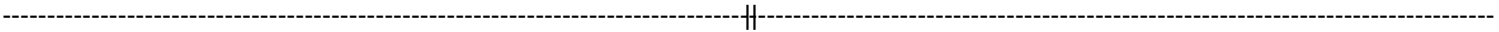
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Helm Hill Runners

George Blackburn

CLOUGHA PIKE

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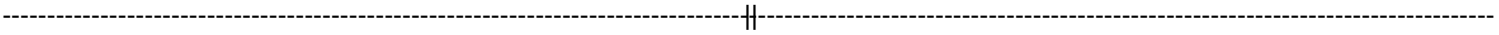
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Helm Hill Runners

Isla Dalton

CLOUGH A PIKE

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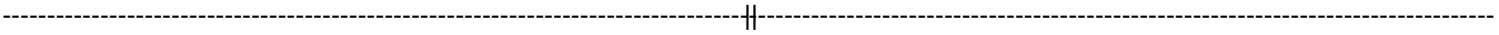
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Helm Hill Runners

Thomas Doig

CLOUGHA PIKE

WHINLATTER



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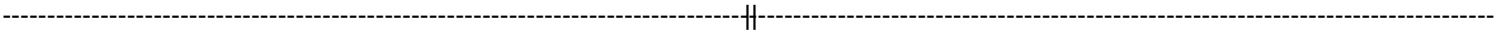
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Helm Hill Runners

William Doig

CLOUGHA PIKE

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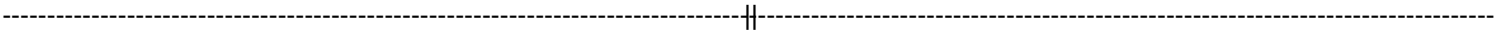
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Helm Hill Runners

Flynn Eatwell

CLOUGH PIKE

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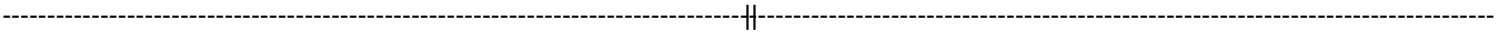
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Helm Hill Runners

Martha Goadby

CLOUGH PIKE

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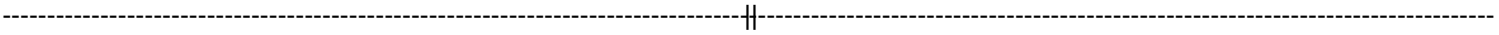
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Helm Hill Runners

Lyra Haslett

CLOUGHA PIKE

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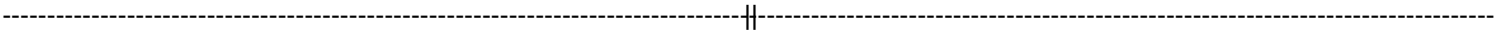
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Helm Hill Runners

Olwyn Haslett

CLOUGHA PIKE

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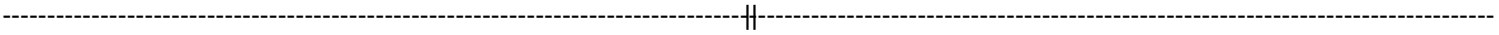
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Helm Hill Runners

Harris Hoyle

CLOUGH PIKE

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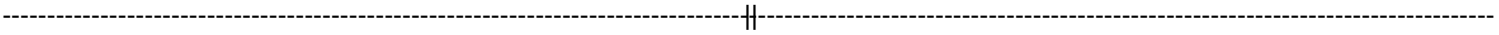
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Helm Hill Runners

Ted Lawson-Hayes

CLOUGH A PIKE

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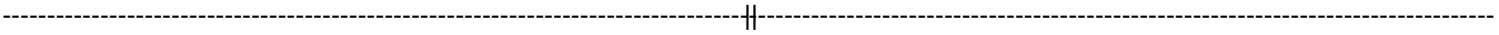
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Helm Hill Runners

Aidan Lovett

CLOUGHA PIKE

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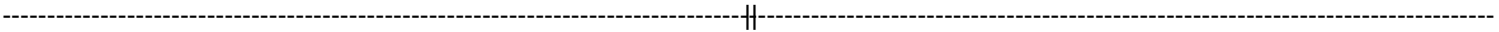
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Helm Hill Runners

Nicholas Martin

CLOUGH PIKE

WHINLATTER



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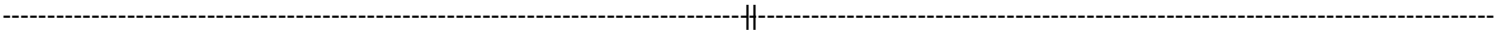
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Helm Hill Runners

Sebastian Martin

CLOUGH PIKE

WHINLATTER



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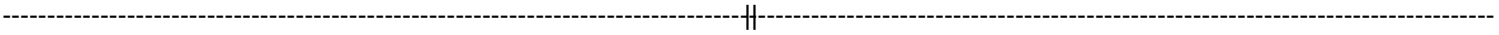
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Helm Hill Runners

Pippa Morphet

CLOUGH A PIKE

WHINLATTER



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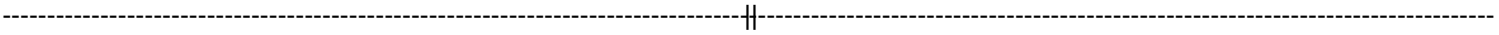
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Helm Hill Runners

Gabriel Parsons

CLOUGH PIKE

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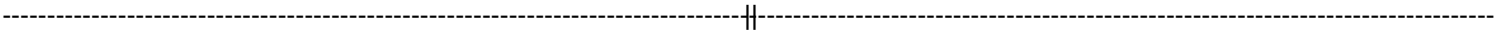
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Helm Hill Runners

Ivan Parsons

CLOUGH PIKE

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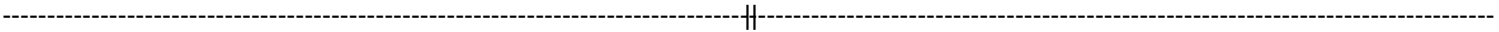
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Helm Hill Runners

Fergus Plant

CLOUGH A PIKE

WHINLATTER



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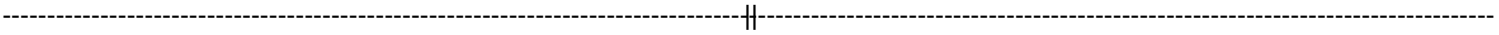
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Helm Hill Runners

Elliott Price

CLOUGHA PIKE

WHINLATTER



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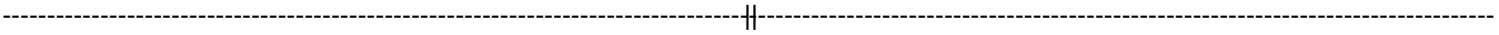
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Helm Hill Runners

Elena Procter

CLOUGHA PIKE

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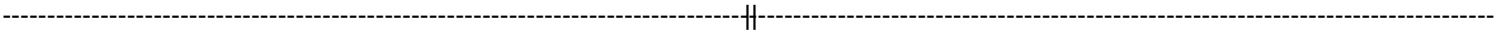
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Helm Hill Runners

Finley Rabone

CLOUGH A PIKE

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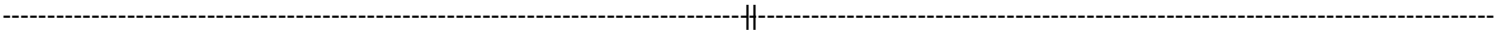
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Helm Hill Runners

Lucas Ridley

CLOUGHA PIKE

WHINLATTER



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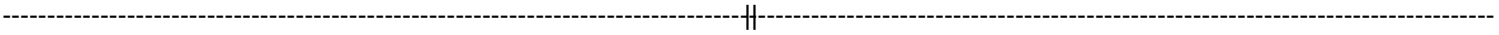
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Helm Hill Runners

William Robinson

CLOUGHA PIKE

WHINLATTER



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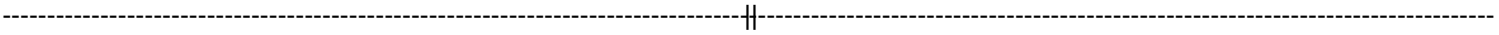
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Helm Hill Runners

Monty Ruscoe

CLOUGH PIKE

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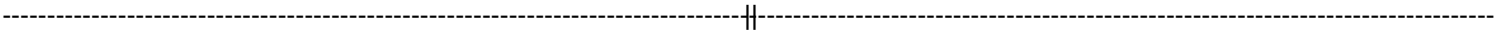
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Helm Hill Runners

Ranulph Ruscoe

CLOUGHA PIKE

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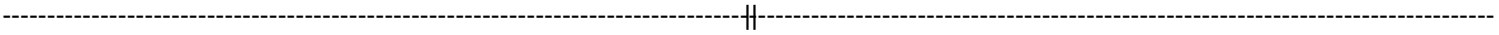
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Helm Hill Runners

Arlo Sillito

CLOUGHA PIKE

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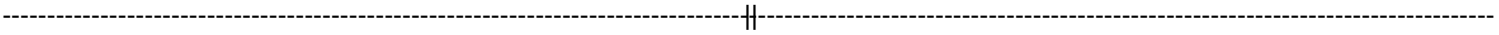
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Helm Hill Runners

Mila Sillito

CLOUGHA PIKE

WHINLATTER



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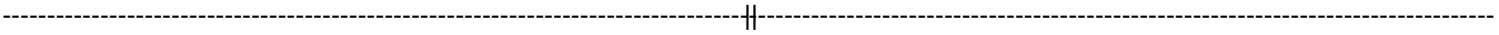
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Helm Hill Runners

Jack Taylor

CLOUGHA PIKE

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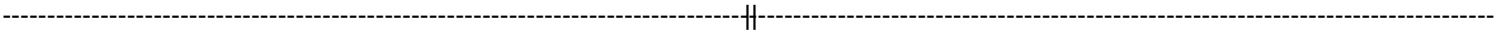
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Helm Hill Runners

Oliver Taylor

CLOUGHA PIKE

WHINLATTER



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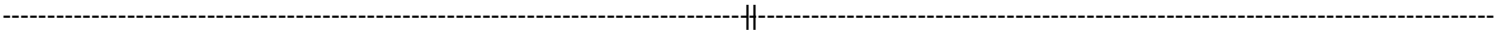
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Helm Hill Runners

Samuel Thomas

CLOUGH PIKE

WHINLATTER



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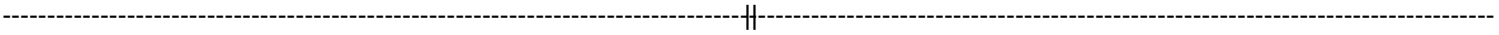
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Helm Hill Runners

Oliver Tinnion

CLOUGHA PIKE

WHINLATTER



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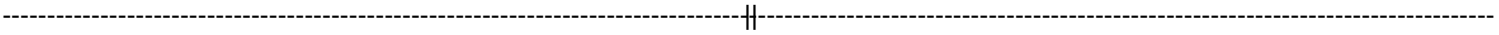
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Helm Hill Runners

Alfie Torode-Cooke

CLOUGH A PIKE

WHINLATTER



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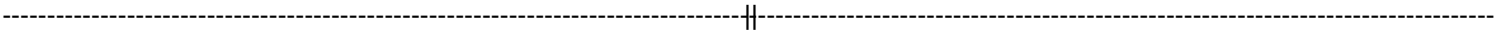
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Helm Hill Runners

Teigan Wilcock

CLOUGH PIKE

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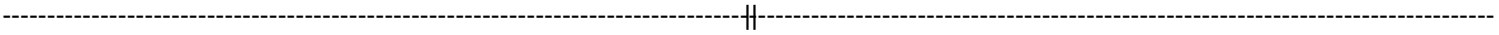
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Helm Hill Runners

Zach Young

CLOUGHA PIKE

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