..

SEDBERGH

ESK VALLEY



EDALE

OGDEN WATER

FRA Challenge

2026

Helm Hill Runners

CLOUGHA PIKE

WHINLATTER

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The layout is designed to fit an 8" x 6" picture frame. Trim just above the dotted line for 6" height.

There are central marks .. and || , top and bottom respectively to help measure the required width on A4; 4" on either side.

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ESK VALLEY



EDALE

OGDEN WATER

FRA Challenge

2026

Helm Hill Runners

Jesse Bibby

U10B

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Lockie Bibby

U10B

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

George Blackburn

U10B

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Isla Dalton

U12G

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Thomas Doig

U10B

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

William Doig

U12B

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Flynn Eatwell

U12B

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Martha Goadby

U10G

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Lyra Haslett

U12G

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Olwyn Haslett

U10G

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Harris Hoyle

U12B

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Ted Lawson-Hayes

U10B

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Aidan Lovett

U12B

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Nicholas Martin

U12B

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Sebastian Martin

U10B

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Pippa Morphet

U10G

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Gabriel Parsons

U10B

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Ivan Parsons

U10B

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Fergus Plant

U10B

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Elliott Price

U10B

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Elena Procter

U12G

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Finley Rabone

U12B

CLOUGHA PIKE

WHINLATTER

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2026

Helm Hill Runners

Lucas Ridley

U12B

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

William Robinson

U12B

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Monty Ruscoe

U12B

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Ranulph Ruscoe

U10B

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Arlo Sillito

U12B

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Mila Sillito

U12G

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Jack Taylor

U12B

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Oliver Taylor

U12B

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Samuel Thomas

U12B

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Oliver Tinnion

U10B

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Alfie Torode-Cooke

U12B

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Teigan Wilcock

U12G

CLOUGHA PIKE

WHINLATTER

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Helm Hill Runners

Zach Young

U12B

CLOUGHA PIKE

WHINLATTER

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